

Sports Photography

Is it all about getting the "action"?

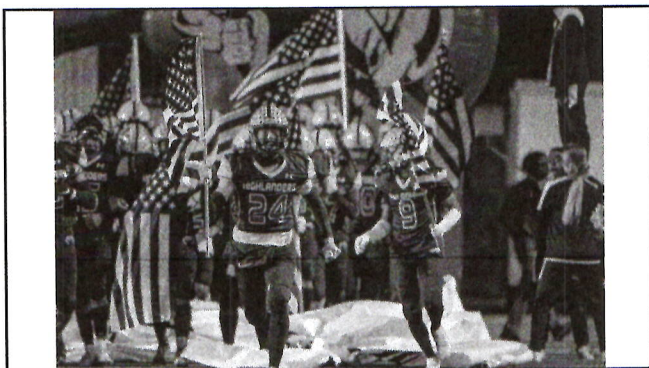
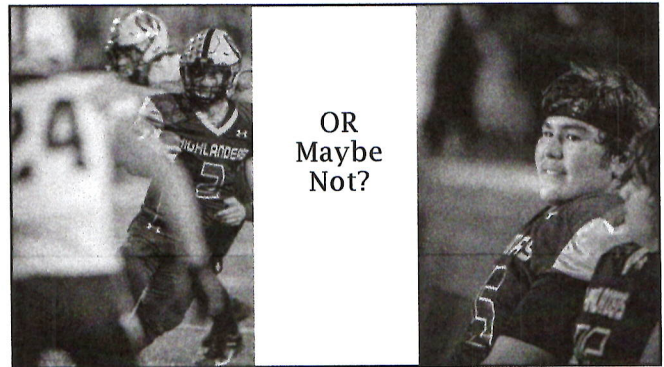
Presented By Jeremiah Zurenda



What do you think is the most important thing about a sports photograph?

ACTION!

Right???



Elements of Sports

- Team work
- Strategy
- Focus
- Action
- Speed

Elements of Photography

- Perspective
- Depth of Field
- Focus
- Background

Perspective

Convey what somebody may never see from the stands or the sidelines



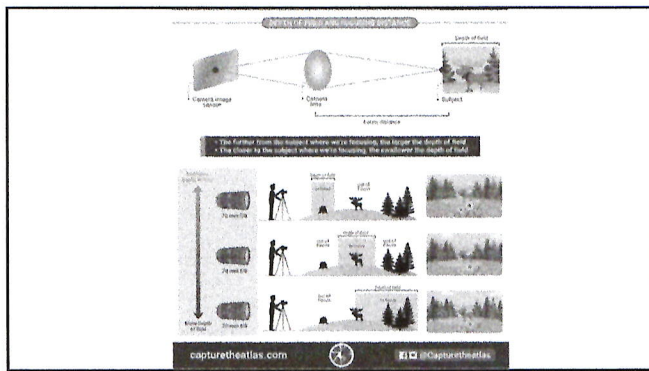
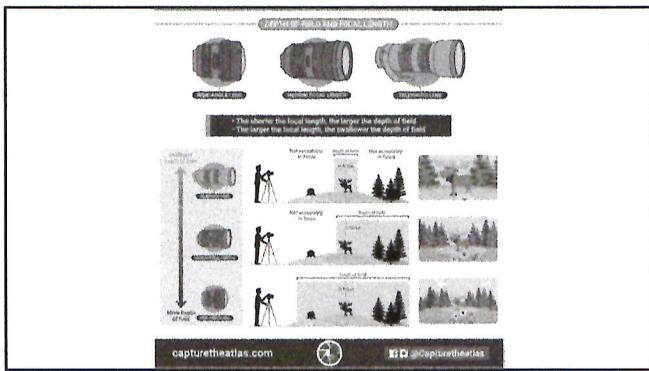
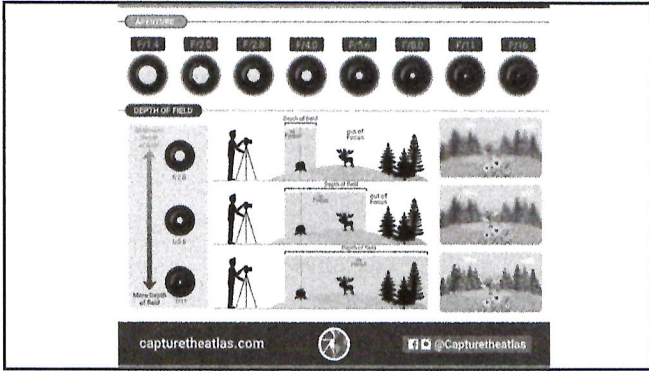
Depth of Field

Your aperture and shutter speed have the power to tell a story as well. Use your aperture to guide where you want people to focus.



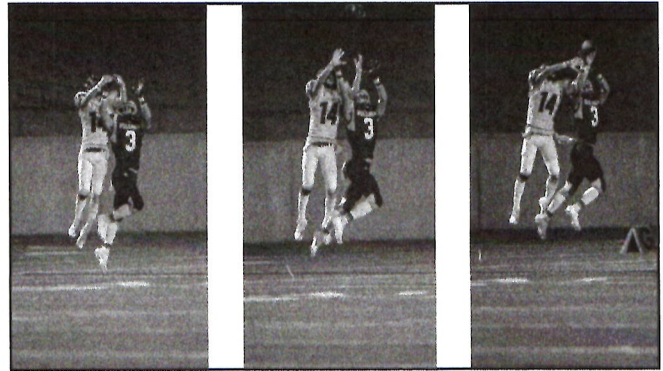
What dictates depth of focal field?

Aperture
Lens
Distance from subject



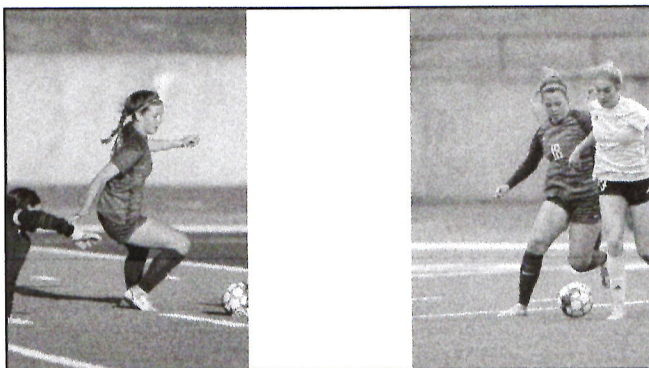
Focus

How does this differ from depth of field? Your focus should tell you where the story is at immediately.



Focus Types

- AF-C/Continuous Servo
- Single Point Focus or Dynamic Focus area?
- Wide area or auto area?



Background

The background of your photo can make or break the image.

A clean background with no distractions

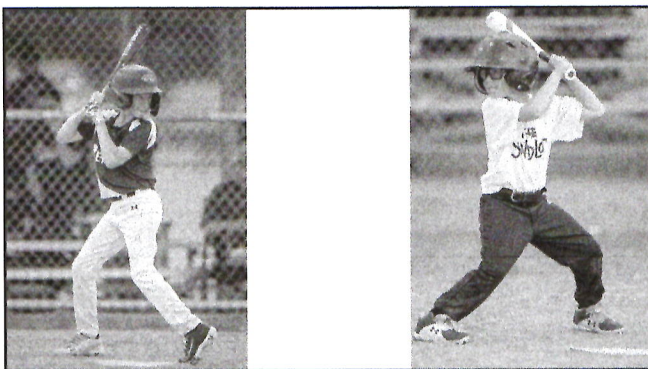
Background hurdles

Playing field or court locations
Parents
Players



Challenges

Available Light (Indoors/Night)
Light Angles
YOU ONLY GET ONE CHANCE



Navigating Available Light

Shutter Speed/ISO/Aperture Settings
Shutter Speed Hard Stop is 1/500
ISO goes up and so does noise.
A higher ISO will also amplify technique flaws
Choosing the best light indoors and at night

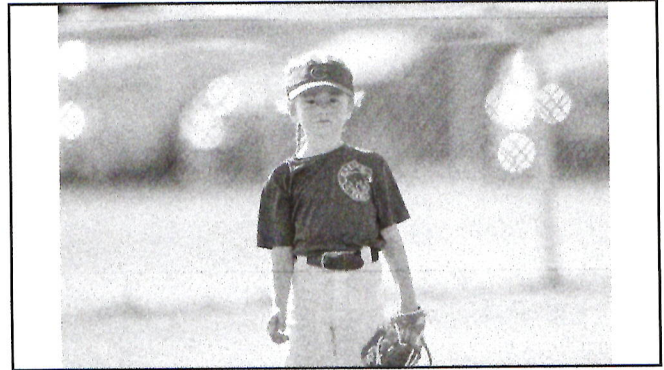
Light Angles

You can't adjust the team or field for the best light

You can't select the time of day for play

Choose the best angles to produce the best shots

Pay attention to shifting light



Light Angles

